



Northside Primary School
TRANSFORMING LIVES

Co-curricular schedule - Term 1 2019

Activities start on 28 January and finish in the week ending 29 March

This schedule is for your information

PLEASE NOTE THE FOLLOWING:

- **Please do not leave your child/children at school if they are not involved in afternoon activities.**
- **There is no supervision for students after 5.30pm.**
- Please collect your child directly after his/her last activity. We do appreciate that it can be difficult at times for working parents to take children home at lunchtime or immediately after an activity. If you are not able to supervise your child there is a private after-care service option, which runs from 12.30pm to 5pm daily with Mrs. Joy Vista. (Cellphone number 71410383)
- Early Years students staying at lunchtime must be supervised by a parent or go to their lapa by the field.
- There is a management member on duty during the afternoons from Monday-Thursday.
- If your child is unable to attend an activity they have committed to, please inform the teacher/instructor in advance.
- Junior students who need to use the library for quiet reading, homework or research, are welcome to do so in the afternoons. The library is open from 1.00pm till 3.30pm.
- Reception students need to be accompanied by a parent when borrowing books from the library at 12.30pm.
- Please note that the ICT lab is not open in the afternoons.
- Please note that the school nurse is on duty on Monday-Thursday until 5pm and on Friday until 4pm.

**ALL ENQUIRIES RELATED TO SPECIFIC ACTIVITIES TO BE DIRECTED TO THE COACH/TEACHER RUNNING THE ACTIVITY.
ADDITIONAL ENQUIRIES RELATED TO THE CO-CURRICULAR SCHEDULE MUST BE DIRECTED TO MRS WATSON.**

swatson@northside.ac.bw

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Headteacher: Mrs Jessica Richards

P O Box 897 GABORONE, BOTSWANA Tel: (+267) 395 2440 Fax: (+267) 395 3573
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Sports Team Coaches

| | |
|--------------------|---|
| Swimming: | Beginners and Intermediate: Mr Wesi, Miss Imsirovic |
| | A-team: Mrs Khiyani, Coach Boi, Mrs Noble |
| | B- team: Mrs Kiyhani, Coach Boi, Mrs Bezuidenhout |
| | C-team: Mr Wesi, Miss Imsirovic |
| Tennis: | Std 1/2 Mini Tennis: Coach Craig, Mrs Ho-Foster |
| | Std 2/3 Developmental Tennis: Coach Craig, Mr Benzah |
| | Team Entry Level Team Tennis: Coach Craig, Mr Benzah |
| | Team tennis: Coach Craig, Mr Benzah |
| Cricket: | Std 1/2 Cricket Skills: Coach Taurai, Mrs Arbi |
| | U9: Coach Taurai, Mr Watlala |
| | U11: Coach Leo, Mr Briggs |
| | U13: Coach Taurai, Mr Mitchell |
| Basketball: | Coach Thami |
| Chess: | Ms Owano, Alex, Mrs Sandstrom |
| Netball: | Coach Glory, Miss Makgoeng |

Cultural Activities

| | |
|---------------------------------------|-----------------------------|
| Art Std 1/ 2: | Mrs Newbery, Miss Manuel |
| Art Std 3/ 4: | Mrs Major |
| Music for Beginners: | Miss Sibanda |
| Intermediate Marimba: | Mr Manzungu |
| Advanced Marimba: | Mr Manzungu |
| Choir: | Mrs Taylor, Mrs Warburton |
| Orchestra: | Mrs Taylor |
| Yoga and Mindfulness: | Mrs Stevens |
| Public Speaking / Drama: | Mrs Shah, Mrs Premeij |
| Setswana Language and Culture: | Mrs Ramerafhe |
| French Language and Culture: | Miss Rowland |
| Setswana Choir: | Mrs Ramerafhe, Miss Rowland |
| Maths is Fun EY: | Mrs Mitchell, Miss Tite |
| Northside Action Group: | Mrs Hinze |
| Kids Empowered: | Mrs McCambridge, |

All students are encouraged to have a balanced selection combining both sporting and cultural activities that are on offer. It is inevitable that at times your child needs to make a choice. If an activity is for selected students only, kindly contact the coach/teacher running the activity for more information. School activities take priority over private activities. If there is a slight overlap, please contact the coach/teacher to make arrangements. Some activities have two timeslots. You may choose the slot that suits your child best.

When choices have been made and the term is planned, it is important that your child stays committed to the activity for the duration of the term.

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O-CURRICULAR SCHEDULE for Standard 1 to Standard 7

Standard 1

| Time | Monday | Wednesday | Thursday |
|-----------|---|---------------------------------------|--|
| 1.30-2.00 | Mini Tennis Skills (Tennis Court) | | Swimming for beginners (Pool) |
| 1.30-2.15 | Yoga and Mindfulness (Hall) | Arts and Crafts (Std 2C) | |
| 1.30-2.15 | | Beginners Chess (Std 3B) | |
| 2.15-3.00 | | Music for beginners (Rec B) | |
| 2.15-3.00 | Maths is Fun (Std 2A) | | |
| 2.00-2.30 | Cricket Skills (AstroTurf/Field) | | Intermediate Swimming (Pool) |
| 2.30-3.30 | | | Northside Action Group (Rec C) |

Standard 2

| Time | Monday | Tuesday | Wednesday | Thursday |
|-----------|--|--|--|--|
| 6.45-7.15 | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | C - Team Swimming additional training (Pool) |
| 1.30-2.15 | Yoga and Mindfulness (Hall) | <i>Swimming Galas for selected in A, B and C teams.</i> | Music for beginners (Rec B) | |
| 1.30-2.15 | Maths is Fun (Std 2A) | | Beginners Chess (Std 3B) | |
| 1.30-2.00 | Cricket Skills (AstroTurf/Field) | | | Beginners Swimming (Pool) |
| 1.30-2.30 | C – team Swimming (Pool) | | | |
| 2.00-2.30 | Mini Tennis Skills (Tennis court) | | | Intermediate Swimming (Pool) |
| 2.15-3.00 | | | Arts and Crafts (Std 2C) | |
| 2.15-3.00 | | | Developmental Tennis (Tennis Court) | |
| 2.30-3.30 | | | A and B Team Swimming U8, U9, U10 (Pool) | Northside Action Group (Rec C) |
| 3.30-4.30 | A and B Team Swimming U8, U9, U10 (Pool) | | | |

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Standard 3

* Choose a time slot that suits.

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|---|
| | | <i>Swimming Galas for selected in A, B and C teams.</i> | <i>Cricket U9 Matches - TBC</i> | | <i>Mini Cricket Festivals U9 - TBC</i> |
| 6.45-7.15 | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | C - Team Swimming additional training (Pool) | |
| 1.30-2.15 | Setswana Language and Culture (Setswana Room) | | French Language and Culture (French Room) | | |
| 1.30-2.15 | Yoga and Mindfulness (Hall) | | Beginners Chess (Std 3B) | | |
| 1.30-2.15 | Maths is Fun (Std 2A) | | Music for beginners* (Rec B) | Kids' Empowered* (Std 6B) | |
| 1.30-2.00 | | | | Beginners Swimming (Pool) | |
| 1.30-2.30 | | | A and B Team Swimming U8, U9, U10 (Pool) | | |
| 1.30-2.30 | Team C Swimming (Pool) | Chess (Std 3 B) | Intermediate Marimba - Selected (Music room) | St 3 and 4 Art* (Std 4C) | Basketball (Basketball Court) |
| 1.30-2.30 | Public Speaking and Drama* (Blue Circle) | | | | |
| 2.00-2.30 | | | | Intermediate Swimming (Pool) | |
| 2.15-3.00 | Developmental Tennis (Tennis Court) | | Developmental Tennis (Tennis court) | | |
| 2.15-3.00 | | | Music for beginners* (Rec B) | Kids Empowered* (Std 6B) | |
| 2.30-3.15 | Cricket U9 (Main Field/AstroTurf) | | | | |
| 2.30-3.30 | Public Speaking and Drama* (Blue Circle) | | | Northside Action Group (Rec C) | |
| 2.30-3.30 | | | | Std 3 and 4 Art* (Std 4C) | |
| 3.30-4.30 | A and B Team Swimming U8, U9, U10 (Pool) | | | | |
| 3.00-4.00 | Entry Level Team Tennis (Tennis Court) | | Entry Level Team Tennis (Tennis Court) | | |
| 4.00-5.00 | Team Tennis – Selected (Tennis Court) | | Team Tennis – Selected (Tennis Court) | | |

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Standard 4

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| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|-------------------------------|
| | Team Tennis Matches U11, U13 - TBC | Swimming Galas for selected in A, B and C teams. | Chess Matches - TBC | Cricket Matches U11, U13 - TBC | |
| 6.45-7.15 | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | C - Team Swimming additional training (pool) | |
| 1.30-2.30 | Team C Swimming (Pool) | Chess (Std 3B) | A and B Team Swimming U8, U9, U10 (Pool) | | Basketball (Basketball Court) |
| 1.30-2.30 | Netball Skills (AstroTurf/Basketball Court) | | | Std 3 and 4 Art* (Std 4C) | Orchestra (Music Room) |
| 1.30-2.30 | Public Speaking and Drama* (Blue Circle) | | | Kids Empowered* (Std 6B) | |
| 1.30-2.30 | | | Choir (Music Room) | | |
| 1.30-2.15 | Setswana Language and Culture (Setswana Room) | | French Language and Culture (French Room) | | |
| 2.15-3.00 | Setswana Choir (Setswana Room) | | | | |
| 2.15-3.00 | Yoga and Mindfulness (Hall) | | | | |
| 2.30-3.00 | | | | Beginners Swimming (Pool) | |
| 2.30-3.30 | A and B Team Swimming U11, U12, U13 (Pool) | | A and B Team Swimming U11, U12, U13 (Pool) | Std 3 and 4 Art* (Std 4C) | |
| 2.30-3.15 | Cricket U9 (Main Field/AstroTurf) | | | | |
| 2.30-3.30 | Public Speaking and Drama* (Blue Circle) | | Intermediate Marimba - Selected (Music room) | Northside Action Group (Rec C) | |
| 2.30-3.30 | | | | Kids Empowered* (Std 6B) | |
| 3.00-3.30 | | | | Intermediate Swimming (Pool) | |
| 3.00-4.00 | Entry Level Team Tennis (Tennis Court) | | Entry Level Team Tennis (Tennis Court) | | |
| 3.15-4.15 | U11 Cricket (Field) | | | | |
| 3.30-4.30 | A and B Team Swimming U8, U9, U10 (Pool) | | Cricket U11, U13 (Main Field) | | |
| 3.30-4.30 | | | Advanced Marimba – Selected (Music Room) | | |

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|-----------|--|--|--|--|--|
| 4.15-5.15 | U13 Cricket (Field) | | | | |
| 4.00-5.00 | Team Tennis – Selected (Tennis Courts) | | Team Tennis – Selected (Tennis Courts) | | |

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Standard 5 – 7

* Choose a time slot that suits.

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|-------------------------------|
| | Team Tennis Matches U11, U13 - TBC | Swimming Galas for selected in A, B and C teams. | Chess Matches - TBC | Cricket Matches U11, U13 - TBC | |
| 6.45-7.15 | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | A and B Team Swimming additional training (Pool) | C - Team Swimming additional training (Pool) | |
| 1.30-2.30 | Team C Swimming (Pool) | Chess (Std 3 B) | A and B Team Swimming U8, U9, U10 (Pool) | | Basketball (Basketball Court) |
| 1.30-2.30 | Netball Skills (AstroCurf/Basketball Court) | | | Kids Empowered* (Std 6B) | Orchestra (Music Room) |
| 1.30-2.30 | Public Speaking and Drama* (Blue Circle) | | | | |
| 1.30-2.30 | | | Choir (Music Room) | | |
| 1.30-2.15 | Setswana Language and Culture (Setswana Room) | | French Language and Culture (French Room) | | |
| 2.15-3.00 | Setswana Choir (Setswana Room) | | | | |
| 2.15-3.00 | Yoga and Mindfulness (Hall) | | | | |
| 2.30-3.00 | | | | Beginners Swimming (Pool) | |
| 2.30-3.30 | A and B Team Swimming U11, U12, U13 (Pool) | | A and B Team Swimming U11, U12, U13 (Pool) | Northside Action Group (Rec C) | |
| 2.30-3.30 | Public Speaking and Drama* (Blue Circle) | | | Kids Empowered* (Std 6B) | |
| 2.30-3.30 | | | Intermediate Marimba - Selected (Music room) | | |
| 3.00-3.30 | | | | Intermediate Swimming (Pool) | |
| 3.00-4.00 | Entry Level Team Tennis (Tennis Court) | | Entry Level Team Tennis (Tennis Court) | | |
| 3.15-4.15 | U11 Cricket (Field) | | | | |
| 4.15-5.15 | U13 Cricket (Field) | | | | |
| 3.30-4.30 | | | Cricket U11, U13 (Main Field) | | |
| 3.30-4.30 | A and B Team Swimming U8, U9, U10 (Pool) | | Advanced Marimba – Selected (Music Room) | | |
| 4.00-5.00 | Team Tennis – Selected | | Team Tennis – Selected | | |

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| (Tennis Courts) | (Tennis Courts) | | |
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